

One Day introduction to Archery for GCSE PE

Students learn about:

Equipment, preparation, grip, stance and body alignment, bow control, loading the arrow, pre-draw, anchor, aim, release, follow through, and sight setting for distance shooting.

Your instructor will have an Archery GB qualification, and will coach your students to:

- improve the range, difficulty and quality of their skills and techniques
- develop the consistency with which they use and perform skills with precision, control and fluency

A typical day might include arrival for a 10am start and leaving at 2pm with a lunch break. You will have 3 hours of contact time with our instructors. We will also provide you with some self-led practice activities such the use of our Mini (toy) Cross bows over lunch time. We aim to provide students with an action-packed day with many learning opportunities.

Students will use our purpose built archery ranges. The ranges are all covered where the students stand to shoot and wait for their turn.

The activities are run by our trained instructors. We are happy to provide details of qualifications. We will follow your exam board syllabus.

Cost: £12.00 per pupil.

Group size: 12 pupils.

Teachers: Free.

Next step?

To book, please call 01543 682278 or email info@beaudesert.org.uk

www.beaudesert.org.uk