

Menu

Day	Breakfast	Lunch	Dinner
Monday	Cereal, toast and a cooked breakfast	Jacket potatoes with a choice of fillings, crisps, fruit and a cookie	Sweet and Sour Chicken or Vegetable Stir Fry and rice Victoria sponge
Tuesday	Cereal, toast and a cooked breakfast	Hot pasty, salad, fruit and a muffin	Sausage and mash or tomato pasta bake Mousse and shortbread
Wednesday	Cereal, toast and a cooked breakfast	Burger in a roll, fruit and yoghurt	Roast chicken with stuffing or cheese pasty and vegetables Flapjack
Thursday	Cereal, toast and a cooked breakfast	Pizza and chips, fruit and cake	Lasagne or vegetable carbonara Jam tart
Friday	Cereal, toast and a cooked breakfast	Sandwiches, soup, crisps, fruit and yoghurt	Fish fingers with chips and spaghetti hoops Sponge and custard
Saturday	Cereal, toast and a cooked breakfast	Hot pasty, salad, fruit and a muffin	Cottage Pie or Vegetable Cottage Pie and peas Jelly and ice cream
Sunday	Cereal, toast and a cooked breakfast	Sandwiches, soup, crisps, fruit and yoghurt	Pizza, potato wedges and baked beans Iced sponge cake