

Challenge Course Risk Assessment

What are the hazards? What can cause harm?	Who might be harmed	What are you already doing? What are you doing to control hazards and the chance of someone getting hurt?	Do you need to do anything else to control this risk? By following this risk assessment, are the hazards & chances of someone being harmed adequately controlled?
		See 'Generic Site Risk Assessment'	
Slipping off elements when wet.	Group & Instructor	Brief participants that elements may be slippy and appropriate footwear to be worn while on the course. The elements have been built close to the ground.	Trivial if controls are followed
Debris	Group & Instructor	Long trousers are compulsory to where on the challenge course. If doing the cargo net, long sleeves must be worn as well. Instructor to check the course and, if possible, remove any debris prior to activity starting.	Trivial if controls are followed
Rope burn	Group & Instructor	Brief people to go slow through the spider's web, watch where they are going and be careful.	Trivial <i>if controls are followed</i>
Hitting head	Group & Instructor	Brief the group about them hitting their heads on some elements as they might have to crawl under them.	Trivial <i>if controls are followed</i>
Slips, Trips and Falls	Group & Instructor	Group to be warned about tripping hazards, e.g. tree roots and stones. Instructor to check the course and, if possible, remove any tripping hazards prior to activity starting.	Trivial if controls are followed
Excessive speed leading to accidents	Group	The challenges should be made harder to discourage participants from moving too quickly over the elements.	Trivial if controls are followed
Carrying items on elements	Group	Select the object carefully. Make sure the group can manage the object. Large and sharp objects should be avoided.	Trivial if controls are followed
Confusion leading to participants not doing the task correctly	Group	Have a leader demo to show what to do to help the group understand.	Trivial if controls are followed

Reviews Undertaken: Reviewed by Hallam O'Shea – 06/06/2017 Richard Irvine 5/8/2018		
Risk Assessment Approved by: Richard Irvine	Date:	5/8/2018

		Potential severity of harm		
		Slightly Harmful	Harmful	Extremely Harmful
		1	2	3
	Highly unlikely	Trivial	Tolerable	Moderate
	1	1	2	3
Likelihood of	Unlikely	Tolerable	Moderate	Substantial
harm occurring	2	2	4	6
	Likely	Moderate	Substantial	Intolerable
	3	3	6	9

Slightly harmful: Superficial injuries; minor cuts and bruises; eye irritation from dust, nuisance and irritation (e.g. headaches); ill-health leading to temporary discomfort. **Harmful:** Lacerations; burns; concussion; serious sprains; minor fractures, deafness; dermatitis; asthma; work related upper limb disorders; ill-health leading to permanent minor disability.

Extremely harmful: Amputations; major fractures; poisonings; multiple injuries; fatal injuries, occupational cancer; other severely life shortening diseases; acute fatal diseases