

| <b>What are the hazards?</b><br>What can cause harm?           | <b>Who might be harmed</b> | <b>What are you already doing?</b><br>What are you doing to control hazards and the chance of someone getting hurt?   | <b>Do you need to do anything else to control this risk?</b> By following this risk assessment, are the hazards & chances of someone being harmed adequately controlled? |
|--|----------------------------|---|--|
|  |                            | <b>See 'Generic Site Risk Assessment' See challenge course risk assessment</b>  |  |
| Slipping off elements when wet.                                | Group & Instructor         | Brief participants that elements may be slippery and appropriate footwear to be worn while on the course. The elements have been built close to the ground.                     | <b>Trivial</b><br><i>if controls are followed</i>  |
| Debris   | Group & Instructor         | Long trousers are compulsory to wear on the challenge course. Instructor to check the course and, if possible, remove any debris prior to activity starting.                    | <b>Trivial</b><br><i>if controls are followed</i>  |
| Rope burn  | Group & Instructor         | Brief participants to go slow and let go of the line if falling over.   | <b>Trivial</b><br><i>if controls are followed</i>  |
| Hitting head   | Group & Instructor         | Brief the group about them hitting their heads on some elements as they might have to crawl under them. Helmets provided as participants blindfolded.                           | <b>Trivial</b><br><i>if controls are followed</i>  |
| Slips, Trips and Falls   | Group & Instructor         | Group to be warned about tripping hazards, e.g. tree roots and stones. Instructor to check the course and, if possible, remove any tripping hazards prior to activity starting. | <b>Trivial</b><br><i>if controls are followed</i>  |
| Confusion leading to participants not doing the task correctly | Group                      | Instructor to be always near participants to help guide them through the course. Participants will be going slowly as they are blindfolded.                                     | <b>Trivial</b><br><i>if controls are followed</i>  |

Reviews Undertaken: Michael Barrett March 2023

Risk Assessment Approved by: Michael Barrett

Date: 01/03/2023

|                                 |                      | Potential severity of harm |                  |                        |
|---------------------------------|----------------------|----------------------------|------------------|------------------------|
|                                 |                      | Slightly Harmful<br>1      | Harmful<br>2     | Extremely Harmful<br>3 |
| Likelihood of<br>harm occurring | Highly unlikely<br>1 | Trivial<br>1               | Tolerable<br>2   | Moderate<br>3          |
|                                 | Unlikely<br>2        | Tolerable<br>2             | Moderate<br>4    | Substantial<br>6       |
|                                 | Likely<br>3          | Moderate<br>3              | Substantial<br>6 | Intolerable<br>9       |

**Slightly harmful:** Superficial injuries; minor cuts and bruises; eye irritation from dust, nuisance and irritation (e.g. headaches); ill-health leading to temporary discomfort.

**Harmful:** Lacerations; burns; concussion; serious sprains; minor fractures, deafness; dermatitis; asthma; work related upper limb disorders; ill-health leading to permanent minor disability.

**Extremely harmful:** Amputations; major fractures; poisonings; multiple injuries; fatal injuries, occupational cancer; other severely life shortening diseases; acute fatal diseases