

## Team building Risk Assessment

## Risks we think are specific to Team Building

What are the hazards? What can cause harm?	Who might be harmed and how?	What are you already doing? What are you doing to control hazards and the chance of someone getting hurt?	Do you need to do anything else to control this risk? By following this risk assessment, are the hazards & chances of someone being harmed adequately controlled?
Hypothermia in wet participants	Participants & Instructor	Activity does not commence or it is stopped immediately and participants taken to shelter	Trivial if controls are followed
Blindfolded participant walking into an obstacle	Participants	Task situated in area clear of obstructions. Leader in charge or Instructor to intervene before contact occurs	Trivial if controls are followed
Planks roll under foot twisting ankles	Participants	Feet must not be tied to planks.	Trivial if controls are followed
Splinters and rope burns	Participants	Participants are suitably briefed for individual activities.	<b>Trivial</b> if controls are followed
Cuts and bruises	Participants	Fully qualified First Aider on site at all times during office hours, first aid kit located in Reception	Trivial if controls are followed

(note template last updated 19/6/2016)	
Risk Assessment Approved by:  Michael Barrett  Date: 01/03/2023	1

		Potential severity of harm		
		Slightly Harmful	Harmful	Extremely Harmful
		1	2	3
	Highly unlikely	Trivial	Tolerable	Moderate
	1	1	2	3
Likelihood of	Unlikely	Tolerable	Moderate	Substantial
harm occurring	2	2	4	6
	Likely	Moderate	Substantial	Intolerable
	3	3	6	9

**Slightly harmful:** Superficial injuries; minor cuts and bruises; eye irritation from dust, nuisance and irritation (e.g. headaches); ill-health leading to temporary discomfort. **Harmful:** Lacerations; burns; concussion; serious sprains; minor fractures, deafness; dermatitis; asthma; work related upper limb disorders; ill-health leading to permanent minor disability.

**Extremely harmful:** Amputations; major fractures; poisonings; multiple injuries; fatal injuries, occupational cancer; other severely life shortening diseases; acute fatal diseases